

Guide to Abbeyfield Houses in Wales

November 2008



What is Abbeyfield

Abbeyfield Societies exist to make older people's lives easier and more fulfilling. Since 1956 Abbeyfield volunteers have worked tirelessly to provide housing, support and companionship to older people in their local communities.

Abbeyfield residents enjoy life all the more because they know that the people who run their societies are dedicated volunteers who are doing this demanding work because they want to.

Abbeyfield provides:

Supported sheltered housing in over 700 houses around the UK. Here, residents find the privacy and security they seek when managing alone in their own home has become a burden. They come and go as they please, receive visitors and enjoy two cooked meals a day. They are free from the worries of maintaining a house and garden, paying bills and dealing with loneliness. At the centre of these homely houses are Abbeyfield house managers, who are employed to ensure that the house is comfortable and safe, and that meals are nutritious and enjoyable.

Around 80 care homes provide 24-hour personal care for residents who are too frail to live in supported sheltered housing. Staff care for residents under the supervision of a professional manager. Always dedicated to providing the highest quality services, staff and volunteers are working to ensure they exceed the standards set by government in the document "Care Homes for Older People".

Services for people with dementia are being developed by some Abbeyfield societies to meet an urgent need in the local community.

Day care services. Abbeyfield belongs at the heart of local communities, so it is fitting that several societies have worked hard over the last few years to extend their work beyond the houses themselves. This outreach work benefits older people in practical ways, and increases local awareness of Abbeyfield's work.

Supported sheltered housing

Abbeyfield mainly provides rented accommodation in supported sheltered houses which are either purpose built or adapted from existing buildings with added facilities.

A typical house offers:

- a paid house manager
- call alarm systems
- specialist facilities e.g. assisted baths, lifts etc
- two cooked meals a day
- network of support from local volunteers

Residents who need some help can arrange visiting services such as a home help, chiropodist or care assistant. Many societies have installed aids and adaptations to make life easier for frailer residents.

Residents are usually over 75 years old and, whilst reasonably fit, no longer wish to live alone. In Abbeyfield, residents live together in houses which normally accommodate between 8-12 older people. Each resident has his or her own room which can be furnished with treasured furniture and other possessions. Every house has well-equipped bathrooms, some with special adaptations for disabled residents. Most societies are able to offer rooms with en suite facilities.

The Abbeyfield way of life provides a balance of privacy and caring support which can be ideal for many older people who no longer feel happy living alone or sharing their children's home. The support is provided by a paid full time housekeeper and local volunteers.

Abbeyfield is firmly rooted in the local community from which residents are normally drawn. It is Abbeyfield policy to give preference to local people or to those with local connections. Residents in an Abbeyfield house are very much part of their local community and enjoy the friendly contact and neighbourliness this brings. Many will attend nearby clubs and join in other activities locally - volunteers often provide transport. Opportunities are often made for residents, families and friends to participate in joint activities.

Many local societies are supported by a group of 'Friends' who raise funds to improve house comforts, visit and befriend residents, arrange trips and generally spread the word about Abbeyfield.

Abbeyfield UK, the housing association run by The Abbeyfield Society, offers housing and support to anyone over the age of 55.

Care homes

Abbeyfield has around 80 care homes offering high quality care in specially designed and staffed houses. Officers in charge or deputies, together with care assistants, are on duty 24 hours a day. Qualified staff dispense medicines under the direction of GPs and district nursing staff and ensure effective care. Nursing care is not provided (except in houses registered as nursing homes) but residents with high dependency are accommodated and full use is made of community nursing services. All residents in care homes have a specific care plan and GP involvement in developing and monitoring each plan is encouraged.

Abbeyfield care homes provide for residents with higher dependency, including some who experience dementia. Domiciliary, extra personal and nursing care services support many residents and enable them to remain 'at home' in Abbeyfield whilst receiving high levels of care.

Abbeyfield's shared values and beliefs

Abbeyfield's answer to the problems of loneliness and isolation in older age has been to develop houses where groups of older people can live together with care and companionship.

The Abbeyfield way of life provides a balance of privacy and caring support which can be ideal for many older people who no longer feel happy living alone or sharing with other people. In Abbeyfield, older people can remain

independent and active knowing that they have the support of a resident house manager and a network of local volunteers.

Abbeyfield societies are guided by the shared beliefs of the movement:

- Older people have an important role to play amongst their families, friends and in their community
- Overcoming loneliness and insecurity can make all the difference to an older person's wellbeing and quality of life
- Local people have an essential part to play in helping older people in their community.

Anglesey

HOLYHEAD

Abbeyfield House, Bod Hyfryd, Longford Road, Holyhead, Isle of Anglesey LL65 1TR

7 flats. Sizes studio. Includes mobility standard properties. Renovated in 1985.

Facilities..... Lounge, dining room, laundry, garden, conservatory

Services..... Resident management staff (7 days)

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 200 yards; shop 200 yards; post office 200 yards; town centre 200 yards; GP 100 yards; social centre 1 mile(s).

Lifestyle..... Regular social activities include parties & outings, organised by House Committee. Some meals available (two meals, every day).

Manager..... Abbeyfield SSAFA Forces Help (Anglesey) Society Ltd, 10 Cytllir Road, Kingsland, Holyhead, Anglesey LL65 2TF Tel. 01407 762 493

Bridgend

PORTHCAWL

Abbeyfield House, 42 South Road, Porthcawl, Bridgend CF36 3DA

6 flats. Sizes studio. Built in 1989.

Facilities..... Lounge, dining room, laundry, garden

Services..... Resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 0.5 mile(s); shop 0.5 mile(s); post office 0.5 mile(s); town centre 0.5 mile(s); GP 0.5 mile(s).

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Wales Society Ltd, Fair Oak House, 15 Church Road, Newport NP19 7EJ Tel. 01633 244 185

Caerphilly

CAERPHILLY

Abbeyfield House, 75 St. Martins Road, Caerphilly, Mid Glamorgan CF83 1EH



9 flats. Sizes studio. Includes mobility standard properties. Built in 1906. Renovated in 1995.

Facilities..... Lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Resident management staff, non-resident management staff (part time, 7 days) and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 10 yards; shop 200 yards; post office 0.75 mile(s); town centre 0.75 mile(s); GP 1 mile(s); social centre 2 mile(s).

Lifestyle..... Regular social activities include concerts, summer outings, winter meals out, video evenings, "knit & natter" afternoons, organised by House Committee. Some meals available (midday meal and high tea).

Manager..... Abbeyfield (Caerphilly) Society Ltd, Llyswen, 90 St Martin's Road, Caerphilly, Mid Glamorgan CF83 1EN Tel. [029] 2088 2245

Manager's notes: Company when it is required, privacy, when it isn't; the knowledge that someone can always be summoned for assistance when needed; freedom from the responsibility of home ownership, and from isolation in one's own home.

NANTDDU

Winston Osborne House, St. Christophers Drive, Caerphilly, Mid Glamorgan CF83 1DD



9 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1990.

Facilities..... Lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Resident management staff (part time, 7 days) and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 30 yards; shop 400 yards; post office 0.75 mile(s); town centre 0.75 mile(s); GP 1 mile(s); social centre 2 mile(s).

Lifestyle..... Regular social activities include concerts, summer outings, winter meals out e.g. Christmas lunch, video evenings., organised by House Committee. Some meals available (Midday meal & high tea every day).

Manager..... Abbeyfield (Caerphilly) Society Ltd, Llyswen, 90 St Martin's Road, Caerphilly, Mid Glamorgan CF83 1EN Tel. [029] 2088 2245

Manager's notes: Company when it is required, privacy, when it isn't; the knowledge that someone can always be summoned for assistance when needed; freedom from the responsibility of home ownership, and from isolation in one's own home.

Carmarthenshire

LLANDEILO

Abbeyfield House, 1 George Street,
Llandeilo, Dyfed SA19 6AS



10 flats. Sizes studio.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (two meals every day).

Manager..... Abbeyfield Llandeilo Society Ltd, 1 George Street,
Llandeilo, Carmarthenshire SA19 6AS Tel. 01558
823222

Ceredigion

ABERYSTWYTH

Jasper House, 60 Great Darkgate Street,
Aberystwyth, Dyfed SY23 1DW



11 flats. Sizes studio. Includes mobility standard properties. Built in 1975.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (7 days) and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 25 yards; shop 20 yards; post office 250 yards; town centre 50 yards; GP 600 yards; social centre 800 yards.

Lifestyle..... Regular social activities include annual coffee morning, christmas party, christmas show, annual lunch out. Some meals available (two meals, every day).

Manager..... Abbeyfield Aberystwyth Society Limited, Jasper House,
60 Great Darkgate Street, Aberystwyth, Ceredigion
SY23 1DW Tel. 01970 820 208

Manager's notes: The housekeeper is a very generous and caring person, excellent cook and very good company

Conwy

COLWYN BAY

Abbeyfield House, 35 Kenelm Road, Rhos
On Sea, Colwyn Bay, Clwyd LL28 4EB

7 flats. Sizes studio. Built in 1963.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Colwyn Bay Society Ltd, Bryn Hyfryd,
Eglwysbach, Conwy LL28 5TU Tel. 01492 533 724

Conwy

COLWYN BAY

Abbeyfield House, 71 Rhos Road, Rhos
On Sea, Colwyn Bay, Clwyd LL28 4RY



6 flats. Sizes studio. Built in 1964.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Colwyn Bay Society Ltd, Bryn Hyfryd,
Eglwysbach, Conwy LL28 5TU Tel. 01492 533 724

COLWYN BAY

Abbeyfield House, 9 Whitehall Road, Rhos
On Sea, Colwyn Bay, Clwyd LL28 4HW



7 flats. Sizes studio. Built in 1979.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Colwyn Bay Society Ltd, Bryn Hyfryd,
Eglwysbach, Conwy LL28 5TU Tel. 01492 533 724

ABERGELE

Abbeyfield House, Lon Garnedd,
Abergele, Conwy LL22 7EW



11 flats. Sizes studio. Includes mobility standard properties. Built in 1975.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 100 yards; shop 100 yards; post office 200 yards; town centre 100 yards; GP 0.25 mile(s); social centre 150 yards.

Lifestyle..... Regular social activities include lunch outings, afternoon teas, coach trips. Some meals available (two prepared meals every day, plus provisions for breakfast which residents take in their own rooms).

Manager..... Abbeyfield Abergele & District Society Ltd, Quedgeley,
12 Eldon Drive, Abergele LL22 7BY Tel. 01745 833 130

LLANDUDNO

Abbeyfield House, 57 Lloyd Street,
Llandudno, Conwy LL30 2YP



12 flats. Sizes studio. Built in 1910. Renovated in 1992.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility.... Access to site easy. Distances: bus stop 100 yards; shop 440 yards; post office 440 yards; town centre 0.5 mile(s); GP 0.5 mile(s); social centre 300 yards.

Lifestyle..... Some meals available (two meals every day).

Manager..... Abbeyfield Llandudno Society Ltd, 4 Foreshore Park,
Rhos on Sea, Conwy LL28 4ND Tel. 01492 544 986

Conwy

LLANDUDNO

Abbeyfield House, 29 Maelgwyn Road,
Llandudno, Conwy LL30 2YN



8 flats. Sizes studio, 1bed. Built in 1898. Renovated in 1973.

Facilities..... Lounge, dining room, laundry, garden

Services..... Resident management staff, non-resident management staff

Accessibility.... Access to site fairly easy. Distances: bus stop 50 yards; shop 100 yards; post office 0.5 mile(s); town centre 0.5 mile(s); GP 440 yards; social centre 440 yards.

Lifesytle..... Monthly social activities include musical evenings, organised by House secretary. Some meals available (two meals every day).

Manager..... Abbeyfield Llandudno Society Ltd, 4 Foreshore Park, Rhos on Sea, Conwy LL28 4ND Tel. 01492 544 986

LLANDUDNO

Abbeyfield House, 24 St Andrew's Place,
Llandudno, Conwy LL30 2YR



5 flats. Sizes studio, 1bed. Built in 1912. Renovated in 1969.

Facilities..... Dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 75 yards; shop 440 yards; post office 440 yards; town centre 440 yards; GP 0.5 mile(s); social centre 400 yards.

Lifesytle..... Some meals available (two meals every day).

Manager..... Abbeyfield Llandudno Society Ltd, 4 Foreshore Park, Rhos on Sea, Conwy LL28 4ND Tel. 01492 544 986

LLANFAIRFECHAN

Abbeyfield House, Parc Hen Blas Estate,
Llanfairfechan, Gwynedd LL33 0RW



9 flats. Sizes studio. Built in 1986. Renovated in 1995.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 200 yards; shop 200 yards; post office 300 yards; town centre 300 yards; GP 500 yards; social centre 300 yards.

Lifesytle..... Some meals available (lunch & tea 7 days, sandwiches Weds & Sunday. Food for breakfast supplied).

Manager..... Abbeyfield Llanfairfechan & Penmaenmawr Society Ltd, Bernina, Mount Road, Llanfairfechan LL33 0HA Tel. 01248 680 660

Manager's notes: Abbeyfield House is situated centrally in the village, only a short walk from the shops, bank, post office, library and health centre. It provides very sheltered housing for anyone over pensionable age who no longer wishes to live alone, or is finding it increasingly difficult to cope on their own.

Conwy

COLWYN BAY

Abbeyfield House, 10 Alexandra Road,
Colwyn Bay, Clwyd LL29 7YB



12 flats. Sizes studio. Built in 1962.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifesytle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Colwyn Bay Society Ltd, Bryn Hyfryd, Eglwysbach, Conwy LL28 5TU Tel. 01492 533 724

WEST END, GLAN CONWY

Awel Y Mor, Llanrwst Road, Glan Conwy,
Conwy, Clwyd LL28 5SR



8 flats. Sizes studio. Includes mobility standard properties. Built in 1973.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 20 yards; shop 0.5 mile(s); post office 0.5 mile(s); town centre 6 mile(s); GP 1 mile(s); social centre 2 mile(s).

Lifesytle..... Regular social activities include Church, coffee mornings, village activities, Women's Institute. Some meals available (two meals every day, lunch and dinner).

Manager..... Abbeyfield Borough of Conwy Society Ltd, Awel Y Mor, West End, Glan Conwy, Conwy, North Wales LL28 5SY Tel. 01492 584 364

LLANDUDNO

James Parkinson House, Gloddaeth
Avenue, Llandudno, Conwy LL30 2DN

6 flats. Sizes studio. Built in 1925. Renovated in 1979.

Facilities..... Dining room, laundry, guest facilities, garden

Services..... Resident management staff, non-resident management staff

Accessibility.... Access to site easy. Distances: bus stop 100 yards; shop 250 yards; post office 0.5 mile(s); town centre 0.5 mile(s); GP 0.5 mile(s); social centre 440 yards.

Lifesytle..... Some meals available (two meals every day).

Manager..... Abbeyfield Llandudno Society Ltd, 4 Foreshore Park, Rhos on Sea, Conwy LL28 4ND Tel. 01492 544 986

Conwy

LLANWRWST

Ty Abbeyfield, Llys Henar, Llanrwst,
Gwynedd LL26 0AE



9 flats. Sizes studio. Built in 1998.

Facilities..... Dining room, laundry, guest facilities, garden

Services..... Resident management staff

Accessibility.... Access to site easy. Distances: bus stop 10 yards; shop 100 yards; post office 600 yards; town centre 600 yards; GP 400 yards; social centre 600 yards.

Lifesytle..... Monthly social activities include whist drives, adult & children entertainment, crafts, outings, organised by House Committee. Some meals available (two meals every day).

Manager..... Abbeyfield Llanrwst & District Society Ltd, Bryn Teg, Town Hill, Llanrwst, Conwy LL26 0NF Tel. 01492 640 460

Manager's notes: Our House provides a friendly and secure environment.

Denbighshire

ST ASAPH

Abbeyfield House, Kentigern Hill, St
Asaph, Denbighshire LL17 0RF



8 flats. Sizes studio. Includes mobility standard properties.

Facilities..... Lift, lounge, dining room, guest facilities, garden

Services..... Resident management staff, non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 50 yards; shop 50 yards; post office 50 yards; town centre 50 yards; GP 500 yards.

Lifesytle..... Regular social activities include meals out, summer and winter trips, organised by House Committee. Some meals available (two meals, every day).

Manager..... Abbeyfield St Asaph & District Society Ltd, Afallon, 25 Cilgant Eglwys Wen, Bodelwyddan LL18 5US Tel. 01745 582 972

Manager's notes: Converted Dean's residence; stone built listed building

RUTHIN

Abbeyfield House, School Road, Ruthin,
Denbighshire LL15 1BL



11 flats. Sizes studio. Built in 1982. Renovated in 2002.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Non-resident management staff (24 hours) and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.

Lifesytle..... Regular social activities include Coffee afternoons, trips out winter and summer, organised by House Committee. Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Ruthin & District Society Ltd, 5 Troed-Y-Fenlli, Llanbedr Dyffryn Clwyd, Ruthin, Clwyd LL15 1BQ Tel. 01824 707 959

Denbighshire

PRESTATYN

Abbeyfield House, 14 Bryneithin Avenue,
Prestatyn, Denbighshire LL19 9LS

6 flats. Sizes studio.

Facilities..... Lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Resident management staff, non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 440 yards; shop 440 yards; post office 440 yards; town centre 440 yards; GP 440 yards.

Lifesytle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Prestatyn Society Ltd, Bron y Garth, Ffordd Glas, Prestatyn, Clwyd LL19 9LS Tel. 01745 854 629

Manager's notes: Abbeyfield ethos

RHYL

Glan y Don, 39 East Parade, Rhyl, Clwyd
LL18 3AN



11 flats. Sizes studio. Built in 1984.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility.... Access to site easy.

Lifesytle..... Regular social activities include Christmas party, summer outings. Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Rhyl Society Ltd, Pen-yr-Efail, Betwys Yn Rhos, Abergele, Clwyd LL22 8PL Tel. 01745 826 322

PRESTATYN

Hengoed, 1 Bryneithin Avenue, Prestatyn,
Denbighshire LL19 9LS

8 flats. Sizes studio. Built in 1986. Renovated in 1998.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff, non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 440 yards; shop 440 yards; post office 440 yards; town centre 440 yards; GP 440 yards.

Lifesytle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Prestatyn Society Ltd, Bron y Garth, Ffordd Glas, Prestatyn, Clwyd LL19 9LS Tel. 01745 854 629

Denbighshire

LLANGOLLEN

Y Golfa, 35 Regent Street, Llangollen,
Denbighshire LL20 8NH



6 flats. Sizes studio, 1bed. Includes mobility standard properties.
Renovated in 1997.

Facilities..... Lounge, dining room, laundry, garden

Services..... Resident management staff, non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 400 yards; shop 75 yards; post office 300 yards; town centre 300 yards; GP 120 yards; social centre 300 yards.

Lifestyle..... Regular social activities include trips out, meals out, barbeques, organised by The Executive Committee. Some meals available (two meals every day).

Manager..... Abbeyfield Llangollen Society, Y Golfa, 35 Regent Street, Llangollen, Denbighshire LL20 8NH Tel. 01978 860910

Manager's notes: Ideal middle way between own home and residential home. Abbeyfield ethos. Pager system for each resident

Flintshire

FFLINT

Abbeyfield House, Bakehouse Lane, Fflint,
Flintshire CH6 5AS



10 flats. Sizes studio. Built in 2004.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff (part time) and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 100 yards; shop 100 yards; post office 100 yards; town centre 130 yards; GP 80 yards; social centre 150 yards.

Lifestyle..... Regular social activities include Musical evenings, visiting speakers, strawberry teas, coffee mornings, theatre visits, visits to other Abbeyfields, organised by Friends of Abbeyfield (volunteers). Some meals available (two meals daily).

Manager..... Abbeyfield Fflint Society Ltd, 2 Coed y Bryn, Pentre Hill, Flint CH6 5QD Tel. 01352 761 096 (Contact: Trefor Howorth, Chairman, on 01352 761 096)

Manager's notes: Flint Abbeyfield is integrated into the town of Flint and its churches and chapels, and Flintshire County Council staff.

Flintshire

MOLD

Abbeyfield House, Clayton Road, Mold,
Flintshire CH7 1SX



9 flats. Sizes studio. Includes mobility standard properties. Built in 1986.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours) and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 50 yards; shop 100 yards; post office 300 yards; town centre 100 yards; GP 50 yards; social centre 400 yards.

Lifestyle..... Regular social activities include Coffee mornings, teas, parties & outings, organised by Friends (local volunteers). Some meals available (two meals, every day).

Manager..... Abbeyfield Mold Society Ltd, Bryn Hyfryd, Pwl Glas, Mold, Flintshire CH7 1RA Tel. 01352 757 343

Gwynedd

DOLGELLAU

Abbeyfield House, Meyrick Street,
Dolgellau, Gwynedd LL40 1LR



6 flats. Sizes studio. Built in 1969.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: shop 50 yards.

Lifestyle..... Regular social activities include Coffee mornings, Christmas party and summer outing, organised by House Committee. Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Dolgellau Society Ltd, Ty Mellling, Meyrick Street, Dolgellau, Gwynedd LL40 1LR Tel. 01341 422 867

UPPER BANGOR

Elm Bank, Siliwen Road, Bangor,
Gwynedd LL57 2BH



8 flats. Sizes studio. Built in 1975. Renovated in 2006.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours) and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 100 yards; shop 200 yards; post office 200 yards; town centre 0.5 mile(s); GP 50 yards.

Lifestyle..... Some meals available (two meals every day).

Manager..... Abbeyfield Bangor UCNW Society Ltd, 12 Glan Menai, Treborth, Bangor, Gwynedd LL57 2NQ Tel. 01248 351 427

Gwynedd

TYWYN

Llys Meuric, Llanegryn, Tywyn, Gwynedd
LL36 9SG



9 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1992.

Facilities..... Lounge, dining room, laundry, garden, conservatory

Services..... Resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 100 yards; shop 100 yards; post office 200 yards; town centre 100 yards; GP 400 yards.

Lifesytle..... Regular social activities include Christmas parties, trips out, organised by House Committee. Some meals available (two meals, every day).

Manager..... Abbeyfield Bro Dysynni Tywyn Society Ltd, Llys Meuric, Tywyn, Gwynedd LL36 9AB Tel. 01654 712 192

GARTH

Nant y Gro, Garth Road, Bangor, Gwynedd
LL57 2RT



8 flats. Sizes studio. Built in 1970. Renovated in 1990.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours) and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 100 yards; shop 200 yards; post office 200 yards; town centre 0.5 mile(s); GP 50 yards.

Lifesytle..... Some meals available (two meals every day).

Manager..... Abbeyfield Bangor UCNW Society Ltd, 12 Glan Menai, Treborth, Bangor, Gwynedd LL57 2NQ Tel. 01248 351 427

Monmouthshire

MONMOUTH

Abbeyfield House, Goldwire Lane,
Monmouth, Gwent NP25 5AG



10 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1993.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Resident management staff (part time, 7 days) and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: shop 250 yards; post office 250 yards; town centre 250 yards; GP 250 yards.

Lifesytle..... Regular social activities include social gatherings. Some meals available (two meals, every day).

Manager..... Abbeyfield Wales Society Ltd, Fair oak House, 15 Church Road, Newport NP19 7EJ Tel. 01633 244 185 (Contact: Anita Edmond, Administrator, on 01727 734086)

Monmouthshire

USK

Ty-Melin, 27 New Market Street, Usk,
Gwent NP15 1AU



5 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1979. Renovated in 1989.

Facilities..... Lounge, dining room, laundry, garden

Services..... Resident management staff (7 days)

Accessibility.... Access to site easy. Distances: shop 200 yards; post office 200 yards; town centre 200 yards; GP 200 yards.

Lifesytle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Wales Society Ltd, Fair oak House, 15 Church Road, Newport NP19 7EJ Tel. 01633 244 185

Newport

NEWPORT

Glengariff, Stow Park Avenue, Newport,
Gwent NP20 4FN



11 flats. Sizes studio, 1bed. Includes mobility standard & wheelchair properties.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Resident management staff (part time, 7 days)

Accessibility.... Access to site fairly easy. Distances: bus stop 200 yards; shop 1 mile(s); post office 1 mile(s); town centre 1 mile(s); GP 1 mile(s).

Lifesytle..... Regular social activities include Social Gatherings. Some meals available (two meals, every day).

Manager..... Abbeyfield Wales Society Ltd, Fair oak House, 15 Church Road, Newport NP19 7EJ Tel. 01633 244 185 (Contact: Paul Stewar-Davies, Manager, on 01633 430 994)

NEWPORT

Reene Court, Wright Close, Newport,
Gwent NP19 0RJ



18 flats. Sizes studio. Includes mobility standard & wheelchair properties.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Resident management staff (part time, 7 days)

Accessibility.... Access to site easy. Distances: bus stop 100 yards; shop 100 yards; post office 100 yards; town centre 3 mile(s).

Lifesytle..... Regular social activities include Monthly social gatherings. Some meals available (two meals, every day).

Manager..... Abbeyfield Wales Society Ltd, Fair oak House, 15 Church Road, Newport NP19 7EJ Tel. 01633 244 185

Powys

BRECON

Abbeyfield House, Camden Road, Brecon,
Powys LD3 7RT



12 flats. Sizes 1bed. Includes mobility standard & wheelchair properties. Built in 1997.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden, hairdressing salon

Services..... Resident management staff (24 hours) and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 100 yards; shop 150 yards; post office 500 yards; town centre 500 yards; GP 1 mile(s); social centre 100 yards.

Lifestyle..... Regular social activities include talks, choirs, coffee mornings, games, organised by volunteers. Some meals available (two meals every day, and breakfast items).

Manager..... Abbeyfield Brecon Society Ltd, c/o Abbeyfield House, Camden Road, Brecon, Powys LD3 7RT Tel. 01874 611 533

Manager's notes: All flats face south with views to the Brecon Beacons. Local community hospital half a mile.

NEWTOWN

The Barbara Lewis House, Fron Lane,
Newtown, Powys SY16 2EL



8 flats. Sizes studio, 1bed. Includes mobility standard & wheelchair properties. Built in 1988. Renovated in 2002.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Resident management staff (24 hours) and community alarm service

Accessibility.... Access to site fairly easy. Distances: shop 0.25 mile(s); post office 0.75 mile(s); town centre 0.25 mile(s); GP 0.75 mile(s); social centre 0.75 mile(s).

Lifestyle..... Some meals available (Two cooked meals. 7 days, + breakfast).

Manager..... Abbeyfield Montgomeryshire Society Ltd, Barbara Lewis House, Fron Lane, Newtown, Powys SY16 2EL Tel. 01686 622 164

Rhondda Cynon Taff

MOUNTAIN ASH

Abbeyfield House, 115 High Street,
Mountain Ash, Rhondda Cynon Taff CF45
3LN



7 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1988.

Facilities..... Lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Resident management staff (24 hours)

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 2 yards; shop 10 yards; post office 10 yards; town centre 0.5 mile(s); GP 0.5 mile(s); social centre 0.5 mile(s).

Lifestyle..... Regular social activities include bowl's club visits, country park visits. Some meals available (two meals, every day).

Manager..... Abbeyfield Mountain Ash Society Ltd, Woodlands, Park Hill, Mountain Ash CF45 3RL Tel. 01633 244 185

Swansea

SWANSEA

Abbeyfield House, 71 Eaton Crescent,
Swansea SA1 4QP

6 flats. Sizes studio. Built in 1988.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Wales Society Ltd, Fair Oak House, 15 Church Road, Newport NP19 7EJ Tel. 01633 244 185

Vale of Glamorgan

BARRY

Ty Dan Evans, 43 St. Nicholas Road,
Barry, South Glamorgan CF62 6QX



5 flats. Sizes studio. Built in 1971.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 3 yards; shop 300 yards; post office 500 yards; town centre 300 yards; GP 400 yards; social centre 80 yards.

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Barry Society Ltd, 2 Wessex Place, Barry CF62 6SP Tel. 01446 736 991

Wrexham

ACTON

Abbeyfield House, 12 Box Lane, Acton,
Wrexham, Clwyd LL12 8BU



9 flats. Sizes studio. Built in 1965.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Wrexham Society Ltd, 2nd Floor, 30 Lord
Street, Wrexham LL11 1LR Tel. 01978 364 294

WREXHAM

Abbeyfield House, 59 Beechley Road,
Wrexham, Clwyd LL13 7AU



9 flats. Sizes studio. Built in 1988.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Wrexham Society Ltd, 2nd Floor, 30 Lord
Street, Wrexham LL11 1LR Tel. 01978 364 294